

## Dermis Plus

Pressure Redistribution Pads

### Instructions for use



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Do not use if the package is open or damaged.  
Store in a cool, dry place and away from direct sunlight.

#### Product Description

Dermis Plus is a pressure redistribution pad available in various sizes, thicknesses and anatomical shapes and is designed to help reduce the risk of pressure injuries as part of a pressure injury prevention strategy. It is intended for single patient use but can be washed and re-applied to the same patient multiple times.

#### Indications

Dermis Plus should only be used on intact skin where there is risk of pressure injury. It is also indicated for use on recently healed ulcers to protect against the risk of re-ulceration.

#### Mode of action

Dermis Plus redistributes peak pressures over a wider surface area reducing the risk of pressure related tissue damage. It can be used anywhere on the body which is identified as being 'at risk', especially where there are bony prominences such as, but not limited to heels, elbows and sacral areas but also under medical devices such as, but not limited to medical tubing, mask straps and other equipment.

#### Contraindications

Do not use on broken skin.

Do not obstruct airways.

Do not apply Dermis Plus over wound dressings as this may compromise the breathability of the dressing and pressure redistribution properties.

Discontinue use of Dermis Plus immediately if deep tissue injury is suspected / confirmed or skin integrity is compromised.

For external use only.

#### Precautions

For external use only.

Prior to application / reapplication of Dermis Plus, ensure the skin is completely dry.

If the condition of the skin appears to deteriorate, discontinue use and seek medical advice.

Dermis Plus contains a high-grade medical mineral oil which may leach onto absorbent surfaces. Care should be taken to protect delicate non-colour fast fabrics.

If Dermis Plus is to be removed for any period of time (e.g. skin inspection or cleaning) the product should be stored in its original packaging.

If any skin irritation occurs immediately consult a physician.

Do not autoclave or place in direct sunlight.

#### Instruction for use

1. Clean and thoroughly dry the application area in accordance with local clinical protocols.
2. Select the most appropriate size / shape to ensure adequate protection of the area at risk of pressure damage.
3. Remove Dermis Plus from the packaging. The packaging should be retained for storage when the product is not in use.
4. Without stretching, ensure that Dermis Plus is placed in direct contact with the 'at risk' area. With the exception of the heel cups and sacral pad, either side of Dermis Plus may be applied to the skin.
5. The sacral pad has a flat side and a bevelled side; the flat side is to be placed onto the patient's skin.
6. An appropriate secondary fixation product such as socks, crepe bandages, tubular bandages or underwear should be used to ensure the product remains in place. Dermis Plus is not affected by being fully covered.
7. Dermis Plus is not a replacement but an addition to a pressure injury prevention strategy, therefore, skin should be inspected at regular intervals in line with local protocols.
8. Dermis Plus can be washed using mild soap and water. After washing, gently pat the product dry using a lint free cloth. Avoid vigorously rubbing the pad as it may cause damage.
9. Dermis Plus should be replaced when it appears visibly worn, becomes difficult to clean, or fails to provide complete coverage of the area at risk of pressure damage due to loss of integrity.